



## **2011 SWVA Vendor Fair: Workshop Descriptions**

Participants may attend one workshop in the morning and one workshop in the afternoon.

### **Morning Workshops: Choose 1**

Independent Living for Today's Youth  
Motivational Interviewing—Part 1  
Creating a Culture of Care

### **Afternoon Workshops: Choose 1**

Independent Living for Today's Youth (repeat)  
Motivational Interviewing—Part 2  
Creating a Culture of Care (repeat)

### **Workshop 1: Independent living for Today's Youth**

Presented by Richard L. Davis of Dominion Youth Services

*Presented in the morning and in the afternoon (repeat sessions)*

The workshop will provide information on the critical issues in independent living including how to create an affordable, consumer and caregiver-focused system providing support and access to high quality long-term services and supports for independent living. The workshop participants will discuss the continuum of care for clients, client motivation, and client interaction with the larger system. The workshop will also address homelessness prevention. As a result of the workshop participants will learn the importance of connecting clients to support systems, trends and ways to prepare for the populations we serve, and how to create and maintain a holistic approach to care for IL teens.

### **Workshop 2: Motivational Interviewing: Enhancing Client Change on Their Own Terms**

Jason G. Wright, Ph.D., LPC, LMFT of EHS Support Services

*Presented in two parts: Part 1 in the morning, Part 2 in the afternoon.*

This workshop will be a didactic presentation of the major concepts inherent in the theory of Motivational Interviewing (MI) for persons suffering from mental health and/or substance abuse issues. The workshop will explore the stages of change and how these stages correspond with MI. As a result of this workshop participants will be better able to understand the specific stages of change that people go through as they reach goals; will learn which interventions are most useful during each of the specific stages; will examine the major precepts of MI; will explore how the precepts are applied in the clinical setting and integrated with the stages of change.

### **Workshop 3: Creating a Culture of Care**

Kathy M. Smith and Corey Jackson with Mountain Youth Academy

*Presented in the morning and in the afternoon (repeat sessions)*

This workshop will present five premises that provide the basic foundation and philosophy for working with children. The premises include that care must be focused on more than problems and deficits; that children and families must be engaged in all aspects of the services they receive; that children and youth must have opportunities to establish caring relationships in their lives; that services must take into account the environmental influences on growth and progress; and that children must be served in programs that collaborate and form partnerships with a number of resources. Participants who attend this workshop will learn how to work together to create such a 'culture of care' for the youth they serve. The materials in the course come from the University of Oklahoma National Resource Center for Youth Services.